

glazed nuts

1 egg white
1/3 c. sugar
1 t. cinnamon

2 c. whole pecans, almonds,

or walnuts

1 T. butter Beat egg white until barely stiff. Gradually beat in sugar mixed with cinnamon. Stir in nuts until well-covered. Microwave butter in 12 x 8 dish until melted. Spread over bottom. Spread nut mixture in dish. Microwave on high 4 to 5 minutes, stirring once. Nuts should be glazed and dry. Remove from pan and spread on waxed paper to cool.

From: Donna Kummer

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